SELF – CONFIDENCE OF COLLEGE STUDENTS

Shravan U. Kharani
Department of Psychology, Students, Shree & Smt. P. K. Kotawala Arts College, Patan.

Received: January 27, 2019
Accepted: March 05, 2019

ABSTRACT: As our self – confidence plays an important role in our life studying self – confidence is important the research been made to measure self confidence of arts and science students of Patan city with relation to thir gender. The Sample consisted of 80 students (40 arts and 40 sciences) with equal number of boys and girls drawn from the Patan city of north Gujarat Area was measured by self-confidence Inventory (SCI) Develop by “Dr. Rekha Gupta”. The result in dictates that there is no significant difference between the arts and science students with relation to their gender.

Key Words: Self-confidence, gender

INTRODUCTION:
Self is idea of commences right from the period of infancy and continues during childhood. Adolescence and maturity as the child grows up. He / she starts feeling that he/she is separate from others. The dictionary meaning of self is people or thing's own individuality or essence. The psychology of self is the study of either the cognitive and affective representation of one's identity or the subject of experience. The word confidence is originates the Latin word “Confider” meaning to trust. Trusting and believing in ourselves, having faith in our ability in whatever situation we need to perform. The dictionary meaning of confidence is having firm trust.

Confidence is generally described as a state of being certain either that a hypothesis or prediction is correct or that a chosen course of action is the best or most effective. Confidence can be a self fulfilling prophecy. As those without it may fail or not try because they lack it may succeed because of an innate. The meaning of self confidence feeling or belief in your powers and abilities.

Self is idea of commences right from the period of infancy and continues during childhood, adolescence and maturity. As the child grows up, he/she starts feeling that he/she is separate from others. The dictionary meaning of self is people or thing’s own individuality or essence.

The psychology of self is the study of either the cognitive and successful representation of one’s identity or the subject of experience. The word confidence is originates the Latin word ‘confider’, meaning to trust. Trusting and believing in ourselves, having faith in our ability in whatever situation we need to perform. The dictionary meaning of confidence is having firm trust.

Self-confidence is ‘a positive attitude of oneself towards one’s self-concept’. Basavanna (1975)

Self-confidence considered as one of the motivators and regulators of behavior in an individual's everyday life. (Bandura 1986)

OBJECTIVE:
- To study the main effect of self – confidence in arts boys and girls college students.
- To Study the main effect of self-confidence in science boys and girls college students.
- To study the effect of self – confidence in arts and science college students.

HYPOTHESIS:
1. There will be no significant deference between arts boys and girls Students in Self-confidence.
2. There will be no significant deference between science boys and girls students in self-confidence.
3. There will be no significant deference between arts and science students in self-confidence.
4. There will be no significant deference between arts girls and science girls students in self-confidence.
5. There will be no significant defense between arts boys and science boys students in self-confidence.
SAMPLE:
The sample consisted of 80 students, 40 arts and 40 science students, with the equal number of girls and boys drawn from the P. K. Kotawala and M. N. Science College while studying in college in Patan city of North Gujarat area.

TOOLS:
To identify the level of self-confidence among the participants, the Agnihotri's Self-confidence Inventory (ASCI) was used. The ASCI has been developed by Dr. Rekha Gupta. The inventory consists of 56 true-false type items, and the lower the score, the higher would the level of self-confidence and vice-versa.

RELIABILITY AND VALIDITY:
The Split-Half reliability of the inventory is 0.91, and the level of validity of the ASCI with scores of Basavanna's (1975) self-confidence Inventory is 0.82.

PROCEDURE:
The sample of 80 college students in Patan city was selected randomly. This sample consisted of arts 20 boys and 20 girls and science, 20 boys and 20 girls. After giving them proper instructions, the test was administered and obtained data was analyzed.

RESULT AND DISCUSSION:

<table>
<thead>
<tr>
<th>TABLE – 1</th>
</tr>
</thead>
<tbody>
<tr>
<td>**Group</td>
</tr>
<tr>
<td>Arts – boy</td>
</tr>
<tr>
<td>Arts – Girls</td>
</tr>
</tbody>
</table>

The table indicates the mean for 20 arts boys is 31.05 and S.D. is 7.78 as well as the mean for 20 arts girls is 26.90 and S.D. is 8.94. The ‘t’ value for arts boys and girls which is 1.57 has been found not significant at 0.05 level. The result supports hypothesis (1).

<table>
<thead>
<tr>
<th>TABLE – 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>**Group</td>
</tr>
<tr>
<td>Science – boy</td>
</tr>
<tr>
<td>Science – Girls</td>
</tr>
</tbody>
</table>

The table indicates the mean for 20 science boys is 21.85 and S.D. is 10.43 as well as the mean for 20 science girls is 26.60 and S.D. is 6.57. The ‘t’ value for science boys and science girls which is 0.47 has been found not significant at 0.05 level. The result supports hypothesis (2).

<table>
<thead>
<tr>
<th>TABLE – 3</th>
</tr>
</thead>
<tbody>
<tr>
<td>**Group</td>
</tr>
<tr>
<td>Arts</td>
</tr>
<tr>
<td>Science</td>
</tr>
</tbody>
</table>

Shows the mean for 40 arts students and 40 science students are 28.98 and 27.23. The S.D. value for 40 arts students and 40 science students are 8.63 and 8.21. The ‘t’ value for arts and science student which is 0.93 has been found not significant at 0.05 level. The result supports hypothesis (3).

<table>
<thead>
<tr>
<th>TABLE – 4</th>
</tr>
</thead>
<tbody>
<tr>
<td>**Group</td>
</tr>
<tr>
<td>Arts – Girls</td>
</tr>
<tr>
<td>Science – Girls</td>
</tr>
</tbody>
</table>

The table indicates the mean for 20 arts girls is 26.90 and S.D. is 8.94 as well. As the mean for 20 science girls is 26.60 and S.D. 6.57 the ‘t’ value for arts girls and science girls which is 0.13 has been found not significant at 0.05 level. The result supports hypothesis (4).
The table indicates the mean for 20 arts boys is 31.05 and S.D. is 7.78 as well as the mean for 20 science boys is 27.85 and S.D. is 10.43. The ‘t’ value for arts boys and science boys which is 1.10 has been found not significant at 0.05 level. The result supports hypothesis (5).

**CONCLUSION:**
1. There are no any deference between arts boys and girls students in Self-confidence.
2. There are no any deference between science boys and girls students in self-confidence.
3. There are no any deference between arts and science students in self-confidence.
4. There are no any deference between arts girls and science girls students in self-confidence.
5. There are no any deference between arts boys and science boys students in self-confidence.

**REFERENCES:**