

## Women Empowerment

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**ABSTRACT:** *These days, women's empowerment is the focus of attention. Women's empowerment is now essential because women ought to have the freedom, dignity, and self-worth to choose what their needs and desires are. Gender discrimination has no value and is pointless when considering the advancement of women during the past few decades. Women have lower wages, are viewed as slaves and cooks in households, and their true ability is not given enough credit. To overcome such circumstances and enable women in India a self-sufficient position in society, women's empowerment is necessary. Women have a fundamental right to empowerment. Their rights to participate in politics, the economy, society, and education need to be proportionate. They are permitted to pursue higher education and are treated in a manner akin to that of males. So it is needed to focus on women empowerment.*

**Keywords:** Women empowerment.

### 1.0 Introduction:

Women's empowerment refers to empowering women in all aspects of life, including spiritual, political, social, and economic. This frequently includes motivating individuals to gain confidence in their own abilities. Empowerment encompasses the following capabilities:

- Free and intellectual decision-making
- Access to information and resources to make sound decisions. Being assertive when
- Involve multiple people in decision-making
- Believe in one's own ability to bring about change and upgrade knowledge
- Learn skills to enhance individual and group strengths
- Change people's attitudes based on democracy
- Be involved and self-esteem in the process of development and change
- Overcome fear and improve self-image.

### 1.1 Status of Women in India:

Women in India are increasingly involved in a wide range of activities, including education, politics, journalism, arts and culture, service sectors, science and technology, and so on. The Indian Constitution provides every Indian woman the right to equality (Article 14), no discrimination (Article 15 (1)), equal opportunities (Article 16), and equal compensation for equal work (Article 39 (d)). Furthermore, Article 15(3) authorizes the state to create particular measures for women and children, as well as to monitor activities that violate women's dignity. (Article 51(a)(e)) and for state-provided maternity benefits (Article 42). Allows for fair and decent working conditions. The feminist movement in India gathered strength in the late 1970s. The Mathura rape case was the first to unite women's groups on a national scale. In 1979-1980, a Mathura girl was raped by police officers in a police station, sparking widespread protests. The protests received widespread media coverage, prompting the government to enact the Evidence Act, the Criminal Procedure Code, and the Indian Penal Code, as well as the introduction of custodial rape. Women activists rallied around causes like female feticide, gender discrimination, women's health, and literacy.

Alcohol has long been associated with violence against women in India, and several women's organizations have conducted alcohol prohibition campaigns in Andhra Pradesh, Himachal Pradesh, Haryana, Odisha, Madhya Pradesh, and other states. Many Indian Muslim women spoke out against religious leaders' view of women's rights under Sharia law and condemned the triple talaq system.

In the 1990s, foreign funding gave birth to new volunteer organizations targeting women. Self-help groups and voluntary organizations like the Swashrayi Mahila Seva Sangh (Seva) have played a very important role in securing women's rights in India. Many women joined the management of local shops. For example, Megha Patkar in the Narmada Bachao movement. The Government of India declared 2001 as the Year of Women's Empowerment. The National Policy on Empowerment of Women was approved in 2001.

The Government of India launched the National Mission for Women Empowerment on March 8, 2010. The aim was to accelerate the integral development of women.

The term women empowerment means changing the power of women. The term refers to the liberation of women from the socio-economic constraints of dependency. Women make up about 50 percent of the country's population, and many of them are economically dependent on each other without work. In the era of feminism, a small percentage of women are able to achieve their goals and the freedom to advance their status. But there is a pathetic division of women in this country who need optimistic support. In most villages and urban cities in India, women are still denied primary education, and despite their amazing talent, they are never allowed to pursue higher education..

Women have to perform multiple roles effortlessly every day and hence are considered the backbone of any society. Women living in male societies have many roles, such as caring mothers, loving daughters and capable co-workers. The best part is that they are perfect for every role. Despite this, they were also a neglected social group in various parts of the world. This in turn has led to women experiencing the hardships of inequality, economic insecurity, oppression and isolated social evils. For centuries, women lived under the shackles of slavery, which did not allow them to reach professional and personal heights. Hindrise Foundation is a women's empowerment NGO in India that has built our dynamic and transformative programs to empower the country by caring for disadvantaged adolescent girls.

### **1.2 Importance of Women Empowerment:**

Recently, all the focus has been on women empowerment. It is right to say that women empowerment has become the need of the times. Women must have freedom, confidence and self-worth to choose their own needs and requirements. Gender discrimination is worthless. Women are paid less and are treated as cooks and slaves in families and are not exposed to their true potential. Empowering women in India requires providing freedom. Women empowerment is a necessary right of women. They should have proportionate rights to participate in society, economy, education and politics. They get colleges and get the same treatment as men.

#### **Ensures comprehensive development of society**

The empowerment of women in India is one of the most important conditions for the overall development of society. In the business world, women play many roles such as medicine, engineering etc. Besides being involved in technology, they are heavily involved in security services such as police, navy, army, etc. All these services mentioned above take the community to a new level.

#### ***Determine their Intelligence Level***

Over the past decades, the influence of women has steadily increased. Women must have self-esteem, self-confidence and the freedom to choose their own needs and requirements. Categorizing people by gender is unfair and has no value. However, women are paid less, expected to cook, and restricted from family members. To overcome these situations and achieve an independent role in society, women's empowerment is necessary. Women must rely on family support. Women's empowerment is a basic right of women. They can have equal rights to participate in education, society, economy and politics. They have the right to higher education and are treated like men. Learn the importance of women empowerment in this article. So stay on this page and read the following content.

#### ***Able to solve unemployment***

Unemployment is one of the most common problems that can be observed in developing societies. According to the survey, half of the population is female. Educated women can take advantage of the women's job opportunities. When women find themselves unemployed, their true potential remains untapped. To use the power and potential of women, they must be guaranteed equal opportunities. You can motivate them by offering special gifts. The best time to honor women is Women's Day. You can honor them with Women's Day gifts.

#### ***Know about their intelligence***

It is surprise to understand and analyze the way of living of women by peeking at them. You can foresee their level of intelligence by way of moving toward the problems and in the solution-finding. In the contemporary era, women are nicely versed in unraveling technical troubles. Women's empowerment plays a vital role in these cases. Without women empowerment in India, you won't be able to determine and understand the intelligence of women. Therefore, women should be accepted without discrimination against men or women.

#### ***Capable Enough to Solve the Issues of Unemployment***

Unemployment is one disease that can be cured in developing societies. According to the survey, about half of the population is female. Female unemployment and unbalanced job opportunities can be eliminated through women empowerment in India. Whenever women face unemployment, their true talent is wasted.

They were just disappointed. To harness the courage and skills of women, they should be given equal opportunities. They should be encouraged to be self-employed.

**1.3 Conclusion:**

The demand for women's empowerment makes it clear that every person is special. Women have been suffering this harassment for a long millennium, where their existence is only material, but with the development of the world, women can now fight for themselves. Because of their rights there are few women who have not yet dared to see the light. To live in a civilized world, it is our duty as human beings to help enlighten people and remove them from all dogmatic states of mind where it is detrimental to the progress of society. Gone are the days when women could choose only a few professions. We must educate our women and children so that they can carry the legacy for future generations and contribute to nation building.

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