A study of Life Skills of Students of standard 9 of Bhavnagar Taluka

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ABSTRACT
The present research focused over the life skills of students of standard 9 of Bhavnagar taluka. The main objective of the research was to know the awareness of the life skills derived by WHO such as Achievement, Group Work, Problem Solving, Mental & Physical Health, To help others, Self Awareness etc. among the sample.

Key words: Life skills.

Introduction:
The present age witnesses the growth of education at a large scale. It also witnesses the development of industrialization and technology. The question is lingering whether man has developed fully in most of the ways. If he has been mature enough to accept anything with love or control. All this depends on the inherent abilities and different skills. The development of such skills make his life higher one and can develop his life completely.

Life skills are such that can be useful in going ahead in life, to make it successful and peaceful. Such skills can be taught right from the student life. Life skills can also be taught. WHO has given the definition of such skills as, "Life skills are such skills and abilities that can enable a person to face the challenges of life positively and to reach needs of daily life skillfully. (WHO, 1997)." WHO has derived very important skills like, Achievement, Group Work, Problem Solving, Mental & Physical Health, To help others, Self Awareness, Confidence, Empathy, Sympathy, Decision Making, Effective Communication, Inter Personal Interaction, Creative Thinking, Critical Thinking, Emotional Adjustment, etc.

Above mentioned skills are inter related with the person's thoughts, feelings, and behaviors. The realization of such skills can develop the personality and abilities. The thematic perceptions of such skills, how much the students were aware of the experiences and understanding of them led the researcher to undertake the present research.

Objectives of the Research
The following were the objectives of the Research: 1. To study the different life skills of the students of standard 9 of Bhavnagar Taluka. 2. To study the difference of different skills of students of Bhavnagar Taluka according to their area. 3. To study the difference of different skills of students of Bhavnagar Taluka according to gender.

Variables of the Research
The following were the variables of the Research
Independent Variables
Gender: boy & girl
Area: Urban & Rural

Dependent Variables:
Different Life Skills
Achievement
Group Work
Problem Solving
Mental & Physical Health
Help Others
Self Awareness
Self Confidence
Hypothesis
Six null hypothesis were constructed to study the effect of variables on Life Skills.
The effect of area on life skills -
Ho 1 There won't be any significant effect on average ratio of life skills on the girl students of standard 9 of Bhavnagar Taluka.
Ho 2 There won't be any significant effect on average ratio of life skills on the boy students if standard 9 of Bhavnagar Taluka.
Ho 3 There won't be any significant effect on average ratio of Life skills of students of rural & urban area of Bhavnagar Taluka.
The effect of gender on life skills
H 4 There won't be any significant effect on life skills of boys & girls of standard 9 of average ratio of Bhavnagar Taluka.
H 5 There won't be any significant effect on average ratio of life skills of boys & girls students of Urban area of Bhavnagar Taluka.
H 6 There won't be any significant on average ratio of different life skills boys & girls students of Bhavnagar Taluka.

Area of Research
The area of the present research was educational psychology.

Type of Research
The present research was that of survey type of research. Here, the life skills of the students of the 9th standard were studied.

Research Method
The present research was that of survey method.

Scope of the Research
The scope of the present research was 3 schools of rural area and 2 schools of urban area.

Sample of the Research
Out of 3 schools of rural and 2 of urban area, the class of standard 9 of each school was selected randomly. The students were selected cluster wise. 100 students of 3 schools from rural and 100 from 2 different urban schools were selected here. 50 boy students from urban and rural area schools total 100 and 50 girl students from urban and rural area total 100 were selected here. Thus, stratified, random cluster sampling method was applied here.

Delimitations of the Research
The present research was delimited to:
1. the students of standard 9 of the Bhavnagar Taluka only.
2. the students of Gujarati medium only.
3. No students of English medium were included here.

Tool of the Research
The prepared and validated by Jadeja, R.(2011) was used here.

Data Collection and Interpretation
The researcher collected the data with the help of teachers working in the selected schools. He explained them properly how to get the data collected with specific instructions. After getting the data collected systematically, the researcher interpreted the data using statistical calculations according to the hypothesis constructed and objectives framed.

Conclusions of the Research
The following were the conclusions of the research:
Conclusions related to hypothesis of the area
1. Both the groups of girl students were same in relation to life skills of students of standard 9 of Bhavnagar Taluka.
2. Both the groups of boy students were same in relation to life skills if students of standard 9 of Bhavnagar Taluka.
3. Both the groups of urban and rural area students of Bhavnagar Taluka were same in relation to life skills.

Conclusions related to hypothesized related to gender
1. The level of life skills of boy students of rural area of Bhavnagar Taluka were found higher to girl students.
2. The groups of girl and boy students of standard 9 of urban and rural area of Bhavnagar Taluka were found similar.
3. The level of life skills of boy students of standard 9 of Bhavnagar Taluka was found higher.

Conclusions related to Life Skills:
1. The skill of Achievement was found higher in urban girls compared to rural of standard 9 of Bhavnagar Taluka.
2. The skill of Mental & physical health was found higher in urban girls in comparison to girl students of rural area.
3. The skill of Self Awareness was found higher in girl students of rural area in comparison to girl students of urban area.
4. It was found higher in boy students of rural area in comparison to boy students of urban area.
5. Achievement skill was found higher in boy students of urban area than to boy students of rural area.
6. Mental & physical health was found higher in students of urban area than to students of rural area.
7. Self awareness skill was found higher in students of urban area than to students of rural area.
8. Group work skill was found higher in students of rural area than to urban area.
9. Mental & physical health was found higher in girl students of rural area than to girl students of urban area.
10. Self Awareness skill was found higher in urban boys to urban girl students.
11. Self Confidence skill was found higher in boy students in comparison to girl students of standard 9 of Bhavnagar Taluka.

**Conclusion**
Thus, the researcher undertook this research to study the life skills of students of standard 9 of Bhavnagar Taluka.

**Reference**

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The greatest glory in living lies not in never falling, but in rising every time we fall.

~ Nelson Mandela