

Academic Adjustment and Guidance Needs of Adolescent Students

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ABSTRACT

This paper deals with the academic adjustment and guidance needs of adolescent students. The objectives of the study are to study the difference in the guidance needs of students studying senior intermediate with reference to various variables. The conclusion shows that proper guidance at this state made them to be all-round developed and good citizens.

Key Words: academic adjustment

INTRODUCTION

Now-a -days there is an enormous pressure on the individual's adjustment because of the ever growing changes in the society. Achievement is related to adjustment. If an individual has adjusted mental problems, in spite of his high potentialities his achievement is poor; this under achievement leads to frustration which causes unhappiness not only to him but also his kith and kin.

Particularly there is no greater nuisance in this world than the nuisance created by a child of 17 years age. This period is characterized by changes which confront the individual with new developmental tasks in the areas of his intellectual, social, emotional, moral and physical development. The effectiveness of learning to cope up with these problems, influence their subsequent behavior and may leave an enduring impression on the personality of the individual.

Many students who enter into Intermediate colleges are considered to have adequate amount of intelligence but all of them do not progress as they should. So, if proper guidance and counselling is offered to them in colleges, it is possible to avert the failures of these students.

STATEMENT OF THE PROBLEM

"A Study of Academic Adjustment and Guidance Needs of Adolescent Students studying Senior Intermediate in Tirupati"

OBJECTIVES

- To study the difference in the guidance needs of male and female students studying senior intermediate.
- To study the difference in the guidance needs of government and Private management students studying senior intermediate.
- To identify the difference in the guidance needs of urban and rural students studying senior intermediate.
- To find out the difference in the guidance needs of science and arts students studying senior intermediate

HYPOTHESES

1. There exists no difference in the guidance needs of male and female students studying senior intermediate.
2. There is no difference in the guidance needs of students studying senior intermediate in government and private managements.
3. There is no difference in the guidance needs of urban and rural students studying senior intermediate.
4. There is no difference in the guidance needs of science and arts students studying senior intermediate

VARIABLES

TABLE-1

DEPENDENT VARIABLE	INDEPENDENT VARIABLES
Guidance needs of Senior Intermediate students	1.Sex (male, female) 2.Group (Science, Arts) 3. Management (Government, Private) 4.Locality (Rural, Urban)

DESIGN AND SAMPLE DESIGN

22 colleges from Tirupati division were selected. Among them 12 from urban locality and 10 from rural locality which impart education to senior intermediate. The total number of students studying is about 3000. A representative sample of 240 subjects was selected for the purpose of this study. The ratio between the sample and the population was maintained in selecting the students from each of the different categories in relation to locality, group, management and sex.

Table -2 showing the number of subjects selected for the study.

Locality	Group	Govt.Mngt		Private Mngt		Total		Grand Total
		Male	Female	Male	Female	Male	Female	
Urban	Science	15	15	15	15	15	15	60
	Arts	15	15	15	15	15	15	60
Rural	Science	15	15	15	15	15	15	60
	Arts	15	15	15	15	15	15	60
								240

TOOLS USED FOR THE STUDY

To assess the guidance needs of the senior intermediate students, an instrument called **Problem check-list** was adopted which was designed and standardized by B.Gopala Chetty (1975). This check list contains 182 problems pertaining to adjustment in 7 areas. The areas and number of problems in each area are as follows:

Area	No. of problems at tool
1. Health and Physical Development (HPD)	23
2. Personal Adjustment (PA)	30
3. Social Adjustment (SA)	27
4. Academic Adjustment (AA)	29
5. Parents and Home (PH)	28
6. Future Vocational Education (FVE)	20
7. Study Habits (SH)	25
Total	182

ANALYSIS

GENDER

Table -3

Means, SDs and 't' values on different areas of Guidance needs of the seniour Intermediate Male and Female students.

S.NO	Problem area	Sex	N	Mean	SD	't' value
1	HPD	Male	120	7.49	3.99	0.9.@
		Female	120	8.11	4.96	
2	PA	Male	120	9.36	5.12	0.17@
		Female	120	9.49	6.54	
3	SA	Male	120	6.96	4.56	1.64@
		Female	120	7.86	4.01	
4	AA	Male	120	9.10	5.18	2.33*
		Female	120	10.85	6.38	
5	PH	Male	120	8.72	5.49	2.20*
		Female	120	7.35	3.96	
6	FVE	Male	120	7.89	4.23	1.30@
		Female	120	8.75	5.86	
7	SH	Male	120	6.53	3.57	1.68@
		Female	120	7.34	3.86	

@ 't' value not significant

*'t' value is significant at 0.05 levels

Table -4

Means, SDs and 't' value on Guidance needs of the senior Intermediate Male and Female students.

S.NO	Sex	N	Mean	SD	't' value
1	Male	120	56.00	39.30	0.25@
2	Female	120	57.33	40.00	

't' value is not significant at 0.05 levels.

As per the Table 3 & 4, the adolescent Male and Female students studying senior Intermediate are not differing in the guidance needs in general. So, the null hypothesis that **there is no difference in the guidance needs of male and female students studying senior intermediate** is accepted. But when observed, there exist significant difference between male and female students at Academic Adjustment and Parents and Home areas. In Academic adjustment Female students have better means where as in Parents and Home area Male students are having better means to seek guidance.

2. MANAGEMENT OF THE COLLEGE

Table -5

Means, SDs and 't' values on different areas for Guidance needs of the second Intermediate students under Management variable.

S.NO	Problem area	Locality	N	Mean	SD	't' value
1	HPD	Govt.	120	9.13	6.56	10.7@

		Private	120	8.36	4.47	
2	PA	Govt.	120	7.99	4.31	0.08@
		Private	120	8.03	3.96	
3	SA	Govt.	120	9.36	6.82	1.15@
		Private	120	8.52	4.20	
4	AA	Govt.	120	10.92	7.43	3.08**
		Private	120	9.41	5.59	
5	PH	Govt.	120	8.46	5.83	1.71@
		Private	120	7.36	3.83	
6	FVE	Govt.	120	8.21	5.55	2.20*
		Private	120	6.89	3.56	
7	SH	Govt.	120	7.57	4.37	4.65**
		Private	120	5.34	2.89	

@ 't' value not significant

*'t' value is significant at 0.05 levels

Table -6

Means, SDs and 't' values on Guidance needs of the second Intermediate students under Management variable.

S.NO	Management	N	Mean	SD	't' value
1	Govt.	120	59.58	46.31	1.14@
2	Private	120	53.75	31.34	

't' value is not significant at 0.05 levels.

As per the Table 5 & 6, the adolescent students studying senior Intermediate under Government and Private Managements are not differing in the guidance needs in general. So, the null hypothesis that ***there is no difference in the guidance needs of male and female students studying senior intermediate in Government and Private managements*** is accepted. In the various areas in Guidance Needs, there exist significant difference between the students studying Government and Private Management in the areas of Academic Achievement, Future Vocational Education and Study Habits. Government Management College students has scored more in the problem checklist in the areas of Academic Achievement, Future Vocational Education and Study Habits which indicates needs guidance needs in those areas.

3. LOCALITY

Table -7

Means, SDs and 't' values on different areas for Guidance needs of the senior Intermediate students under Locality variable.

S.NO	Problem area	Locality	N	Mean	SD	't' value
1	HPD	Urban	120	6.98	4.56	0.91@
		Rural	120	7.45	3.35	
2	PA	Urban	120	5.77	4.38	2.06*
		Rural	120	6.86	3.82	
3	SA	Urban	120	9.54	7.31	2.13*

		Rural	120	11.33	5.65	
4	AA	Urban	120	9.85	7.85	1.06@
		Rural	120	10.91	5.39	
5	PH	Urban	120	7.47	5.68	1.89@
		Rural	120	8.81	5.31	
6	FVE	Urban	120	8.53	6.81	1.03@
		Rural	120	9.32	4.95	
7	SH	Urban	120	6.69	5.35	1.69@
		Rural	120	7.74	4.23	

@ 't' value not significant

*t' value is significant at 0.05 levels

Table -8

Means, SDs and 't' values on Guidance needs of the senior Intermediate students under Locality variable.

S.NO	Locality	N	Mean	SD	't' value
1	Urban	120	52.50	42.60	1.61@
2	Rural	120	60.33	31.90	

't' value is not significant at 0.05 levels.

As per the Table 7 & 8, the adolescent students studying senior Intermediate in Rural and Urban areas are not differing in the guidance needs in general. So, the null hypothesis that ***there is no difference in the guidance needs of adolescent students studying rural and urban Intermediate colleges*** is accepted. While observing the various areas in Guidance Needs, there exist significant difference between the senior Intermediate students studying in Rural and Urban colleges in the areas of Personal Adjustment and Social Adjustment. Rural Students scored more in the problem checklist which indicates that they need guidance in these regard.

4. GROUP

Table -9

Means, SDs and 't' values on different areas for guidance needs of the senior intermediate students under Group variable

S.NO	Problem area	Group	N	Mean	SD	't' value
1	HPD	Science	120	7.21	4.95	1.41@
		Arts	120	7.97	3.25	
2	PA	Science	120	7.86	5.86	0.40@
		Arts	120	8.13	4.35	
3	SA	Science	120	7.56	5.34	0.72@
		Arts	120	7.99	3.34	
4	AA	Science	120	8.84	6.32	1.17@
		Arts	120	9.67	4.52	
5	PH	Science	120	7.56	6.11	1.92@
		Arts	120	8.92	4.74	
6	FVE	Science	120	9.74	7.45	1.68@
		Arts	120	11.31	6.95	
7	SH	Science	120	6.78	6.56	2.20*
		Arts	120	8.36	4.36	

*t' value is significant at 0.05 levels

Table -10

Means, SDs and 't' values on guidance needs of the senior intermediate students under Group variable

S.NO	GROUP	N	Mean	SD	't' value
1	Science	120	53.85	42.21	1.15@
2	Arts	120	59.75	34.84	

't' value is not significant at 0.05 levels.

As per the Table 9 & 10, the adolescent students studying senior Intermediate with Arts and Science are not differing in the guidance needs in general. So, the null hypothesis that **there is no difference in the guidance needs of adolescent students studying senior Intermediate with Arts and Science groups** is accepted. But in the various areas in Guidance Needs, it is observed that Arts students scored more in the area of Study Habits of the Problem Checklist than the Science group students which indicates that Arts students need guidance needs in Study Habits.

FINDINGS OF THE STUDY.

After a vast description and analysis, the present study indicates that there exists no significant difference at all dependent variables. But according to the means it indicates that girls students, government college students, rural students and arts students scored more at the tool which indicates that they need guidance than the rest. For the better academic progress and achievement there is very need to provide guidance needs to each and every student in all the problem areas. This is supported by the studies of Williams and Bordin(1930), Wedemezer(1953), Gowan(1960), Paniel and Dillon(1985), Krishna and Prasad(1977), Shri Ram Murthy(1993)etc.

CONCLUSION

Adolescent period is characterized by changes which confront the individual with new developmental tasks in the areas of intellectual, social, emotional, moral and physical development. The effectiveness of learning to cope up with these problems, influence their subsequent behavior and may leave an enduring impression on the personality of the individual. So, proper

guidance at this state made them to be all-round developed and good citizens.

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